VASUDEVA KRIYA YOGA

Come join us on a holistic wellness journey
for Mental, Physical & Spiritual health

What's Included:

- ✔ Asanas
- ✔ Pranayama
- ✔ Mantras
- ✔ Mudras
- ✔ Meditation
- ✔ Mindfulness talks

Term 4 : 10 Oct-19 Dec ‘26
Saturday 7:30 AM - 9:00 AM

James Bathe Community Hub, Room 1,
67 Caversham Dr,
Pakenham VIC 3810

Try one class for free!

$120/school term | $15/session
BSB : 013479 | Acc : 901654618

Contact us for VKY Mandir & other VKY centres/events /schedules

KHRYSTYNA (0412 421 704) / **PARVATHY** (0432 300 262)
Dr Rajendra Ji (0410 527 904)
vasudevakriyayoga@gmail.com



Visit www.vasudevakriyayoga.com
or scan for more details

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